



Albanian Orienteering Days

We want to welcome you at the first 2 Days International Orienteering competition in Albania!

1st and 2nd June 2015

Organizer: Albanian Orienteering Project

Event manager: Inge Bosina (Albania/Austria – Naturfreunde Wien)

Mapmaker: Valentin Garkov and Georgi Hadzhimitev (Bulgaria),
updates April/Mai 2015: Inge Bosina

Course planner: Wolfgang Pötsch

Start/Finish/Support: Zoran Milovanovic and team

Event center: Hotel Rozafa, Shkodra, Albania

Program overview:

Sunday 31st May 2015

Arrival, registration, accomodation, training possibilities

Monday 1st June 2015 Middle distance race

9:00 Event center opens in Fishta, district of Lezha

10:30 Middle distance first start

Afternoon: possibility to guided tour Lezha

Tuesday 2nd June

10:00 Sprint in Shkodra center first start

13:00 Prize giving ceremony

Sponsors:



Hotel Rozafa



Dear Orienteers, dear Guests,



As the Mayor of Shkodra, on behalf of Shkodra people, it's a honor and pleasure for us to welcome and host this very important event for our city.

I hope that all the guests feel like home and taking this opportunity, I invite you to know and enjoy all what our city can offer, a wonderful downtown, delicious meals, breathtaking landscapes of Shkodra Lakes and above all the proverbial hospitality of Shkodra people.

I wish you will have great experiences here and nice memories, and that's why I consider very important this event for the promotion of these significant values in your countries of origin.

At last, I would like to wish you luck with the race, to have fun during your stay and hope to see you again in our city.

Lorenc Luka
Mayor of Shkodra



Dear Orienteers, dear Guests,

As the Major of Blinisht, I want to welcome you in our region in my name and in the name of the people of our region

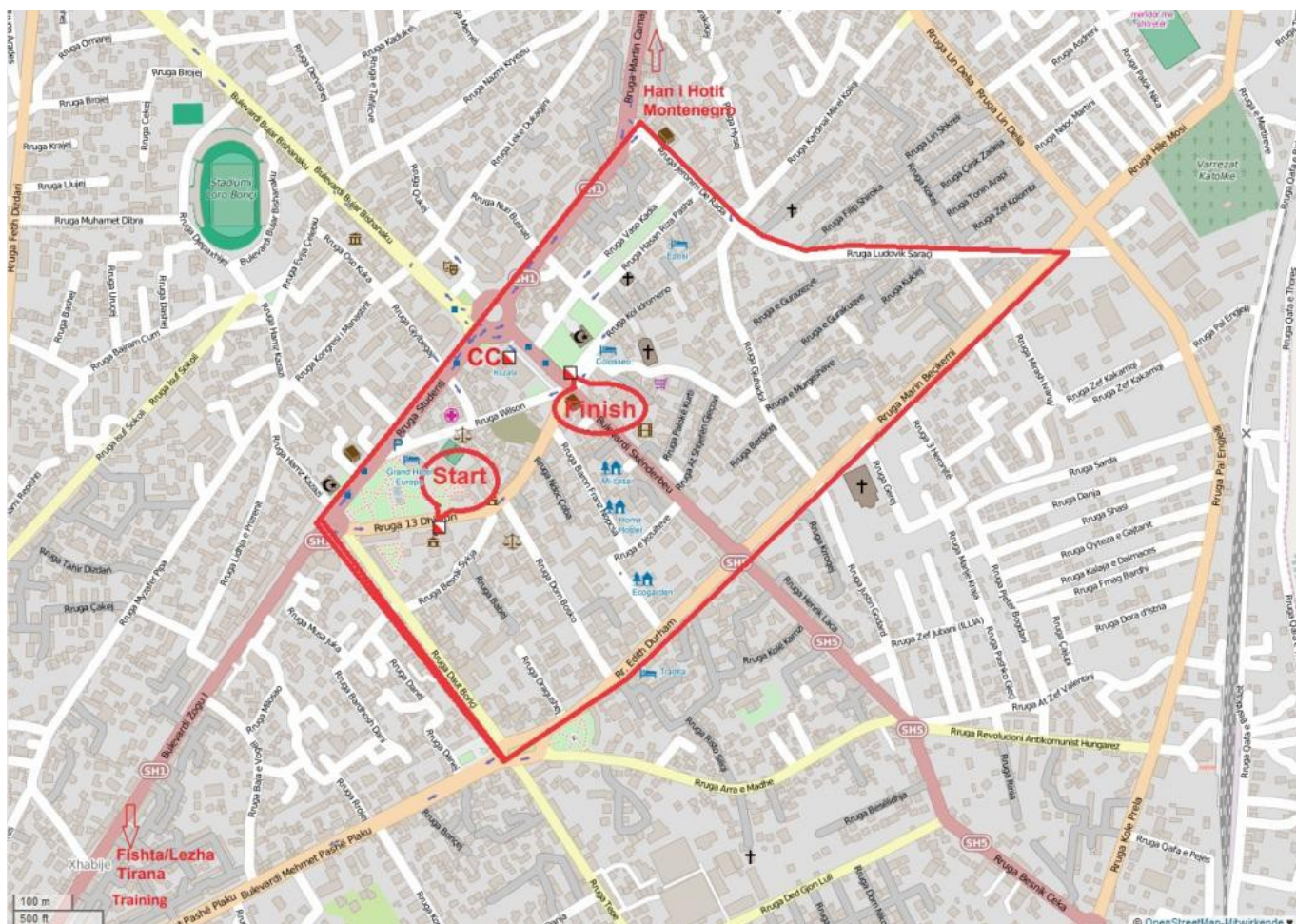
It is a great honor for us that Fishta is part of the first international orienteering event held in Albania, in which more than 150 competitors, from 20 countries in 3 continents will take part.

This is the birth place of several important persons of Albania, as the well know poet Gjergj Fishta, Daniel Dajani, Pieter Zarishi, At Shtejefen Gjeçovi and Peter Hil Frani.

So I finally wish all competitors the personal best, enjoy our beautiful landscape and I hope that you will take the best memories to your home. Good luck and hope to see you again next time

Jak Zhuba
Mayor of Blinisht

Map of Shkodra center:



Sunday, 31st May 2015

14:00 – 20:00: Competition center open in Hotel Rozafa

Restaurant, Cafe, Hotel

Please use the parking only during registration or guest of the restaurant

15:00– 18.00 Possibility of training, free maps in the welcome bag

Training place near Rozafa castle, about 3km from CC

Map scale: 1:5000, 5m equidistance

Form: free order of controls, paper flags

Transfer on demand

Monday 1th June - Middle Distance

Location: Fishta, about 30km south of Shkodra, direction Lezha/Tirana

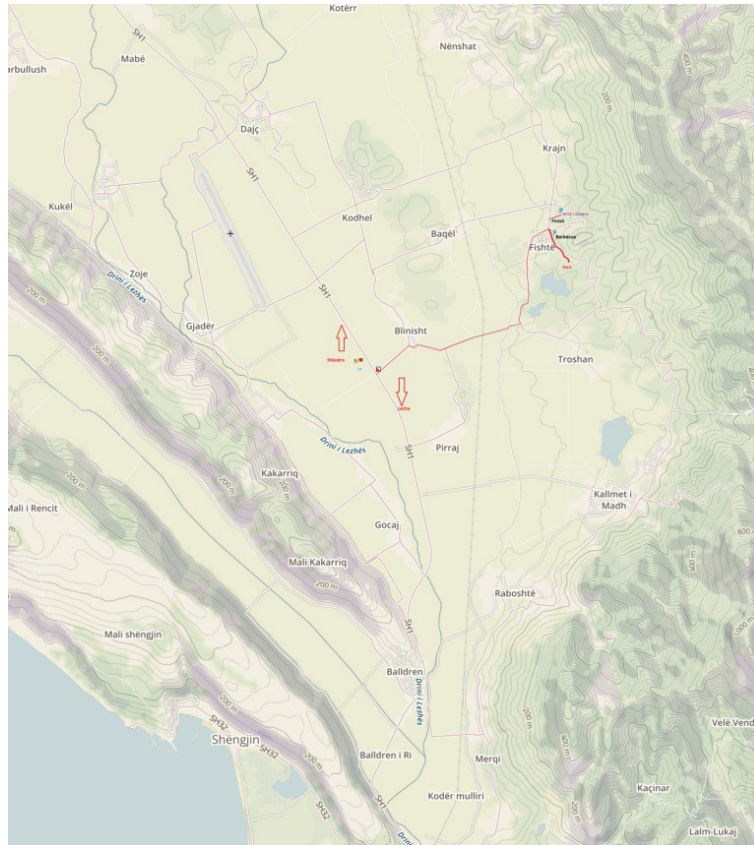
1.Start: 10.30

Finish is closing at 14.00

Way to the start from finish: 1 km

Barbecue and refreshments at the finish area

Overview:



Courses:

Map scale: 1:10000,5m equidistance

Terrain description:

The typical Albanian terrain offers a variety of open grassland, semi-open areas, pine forests, paths, steep gullies, stones. Due to the different vegetation the runnability of the wood ranges from 100 to 20%.

Orienteering shoes, long orienteering dress recommended.

Please mind local inhabitants, as these:



Category	Length in km	meters climbing	Controls
WE	4,0	130	15
W14/M14	2,9	110	12
W16	3,6	115	14
W18	4,0	130	15
W21A	4,0	130	15
W35	4,0	130	15
W50	3,4	120	13
W55	3,4	120	13
W60	2,7	105	12
W65	2,7	105	12
W70	2,7	105	12
OPEN1	3,6	115	14
OPEN2	1,6	40	9
OPEN3	1,3	30	7
M21E	4,6	140	18
M16	4,3	155	17
M18	4,6	140	18
M20	4,6	140	18
M40	4,3	155	17
M45	4,3	155	17
M50	3,7	120	17
M55	3,7	120	17
M60	3,4	120	13
M65	3,4	120	13
M70	2,7	105	12
M75+	2,7	105	12

Tuesday 2. July - Long sprint Shkodra

9:30 Quarantine at the Townhall. We are allowed to use the entrance hall and there will be a room for changing and clothes.

10:00: 1. Start

Map: 1:5000, 5m

Terrain: city and parks, normal running shoes recommended

Be careful when crossing streets, take care of pedestrians, respect olive green areas

Course data

Category	Length in m	Controls
WE	2690	18
W14/M14	1870	11
W16	2170	11
W18	2690	18
W21A	2690	18
W35	2690	18
W50	1870	13
W55	1870	13

W60	1810	13
W65	1810	13
W70	1810	13
OPEN1	2170	11
M21B	2170	11
OPEN3	1580	14
M21E	3530	22
M16	3050	20
M18	3530	22
M20	3530	22
M40	3050	20
M45	3050	20
M50	2500	15
M55	2500	15
M60	1870	13
M65	1870	13
M70	1810	13
M75+	1810	13

Entries:

Now entries are only possible in Open classes until the event for 15€ per start in all other classes only if there are vacancies for 25€ per start.

Punching system:

Sport ident, SI-rent 2€per stage, price for purchase on demand

Competition classes:

M14, M16, M18, M20, M21E, M21B, M35, M40, M45, M50, M55, M60, M65, M70, M75+

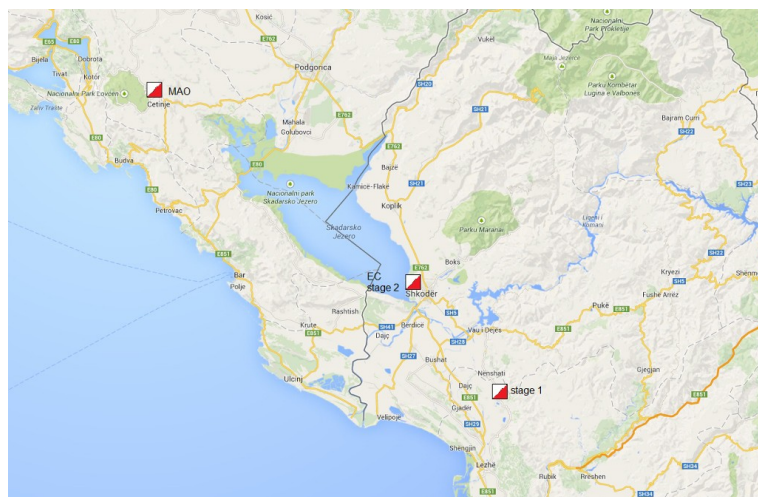
W14, W16, W18, W21E, W21A, W35, W50, W55, W60, W65, W70

Open 1 (difficult), Open 3 (beginners)

Distances:

Cetinje – Podgorica -
Shkodra:
95km, 2 hours (incl.
Border Montenegro –
Albania)

Shkodra – Fishta
(stage 1): 35 km, 35 min



General Information:

- Sport Ident will be used as punching system. Please write your SI-card number when registering.
- Competitions will be organized according to the rules of IOF
- All competitors take part in the competition at their own risk. Organizer only provides basic medical help at the Finish area. Competitors are not insured by organizer, also against third persons.
- In case of cancellation due to facts beyond our control no liability can be accepted.
- All participants agree with the publication of photos taken during the event and also the results in internet.
If you don't agree, please inform the organizers at your registration.
- You are kindly asked to carefully read all the organizer's notes, including this invitation.

Tourist program:

1. June 15:00 Lezha: Guided Tour with an Albanian Archeologue in German/English

Albanian Alps:

- 2 days: Shkodra - Theth, including overnight stay in a guesthouse, fullboard (breakfast, lunch package, dinner) and transfer 45€
- 3 days: Shkodra - Koman – Boat tour on the lake to Fierze – Valbona – walking tour to Theth – Shkodra
with 2 overnight stays, transfers, boat, full board 80€
- guided tours with licensed mountain guides on demand

Furthermore will be pleased to arrange for you your personal travel through Albania or stay at the beach or in the mountains according to your wishes!

More details available on the website.

Information:

website: <http://orienteering-al.com>

Mail: info@orienteering-al.com

Thank you for contributing to the Albanian orienteering project with your participation!

Welcome among the first to race in Albania!