



Albanian Orienteering Days 2016

We want to welcome you at the
2nd International Orienteering competition in Albania!

29th April to 1st May 2016

3 days international orienteering competition in Tirana Region, Albania

Organizer: Orienteering Club Albania OCA

Support: Ministry of Culture DRKK Durrës, National Agency of Protected Areas

Event director: Arlind Subashi (President of OCA, Albania)

Event manager: Inge Bosina (Albania/Austria – Naturfreunde Wien)

Mapmaker: Ondrej Piják, Valter Sohler (Slovakia) – Dajti, Kepi Rodonit, Inge Bosina (Qytet Studenti)

Computer: Rei Cizmja, Marvin Xhemrishi

Secretary: Gabriela Shoshi

Event center: Hotel Idea, Tirana, Albania see www.hotelidea.al

Program overview:

Thursday, 28th April 2016

Arrival, registration, accommodation.

15:00 – 16:00 Training possibilities in Tirana park

Meeting point:

Friday, 29th April 2016

13:00 Meeting point up in front of Dajti mountain cable car station/Hotel Dajti

14:00 Middle distance first start

Saturday 30th April 2016

10:00 Meeting point at Cap Rodon/Kepi Rodonit, inside Franciscan property at the beach

11:00 Long distance first start

Sunday 1st May 2016

9:30 Meeting at Skolla 9 vjecare Osman Myderizi, Rruga Drago Siliqi, near Rruga Pjeter Budi, qytet studenti.

10:00 Sprint in Tirana first start

12:00 Prize giving ceremony (or after end of race, if it is earlier)

Competition classes:

According to the entries we plan the following courses:

A: Beginners (short, easy)

B. M65, M75+ (short, more demanding orienteering skills)

C: W40, W50, W55 (medium, more demanding orienteering skills)

D: M55 (length according to type, demanding good orienteering skills)

E: M35, M40, M45, M50 (length according to type, demanding good orienteering skills)

But we will have enough maps for every course, so you can choose still before the start, which course you want to take and with whom you want to compete.

Entries are still possible until meeting time

Start fees:

for 65€ all 3 races,

For single races: 30€ for Dajti (including cable car), 30€ for Kepi Rodonit including transport, if there are still free places available, 25€ for sprint

For Albanians we have the following offers:

For single race: 500LEK

For Cable car: 600LEK

For transport to Kepi Rodonit 500Lek, if there are free places left

Distances: Airport Tirana – City center 12km

Tirana -Dajti Cable Car 5km

Tirana – Cape Rodon ca. 60km

General Information:

- Sport Ident will be used as punching system. Please write your SI-card number when registering.
- Competitions will be organized according to the rules of IOF
- All competitors take part in the competition at their own risk. Organizer only provides basic medical help at the Finish area. Competitors are not insured by organizer, also against third persons.
- In case of cancellation due to facts beyond our control no liability can be accepted.
- All participants agree with the publication of photos taken during the event

and also the results in internet.

If you don't agree, please inform the organizers at your registration.

- You are kindly asked to carefully read all the organizer's notes, including this invitation.

Detailed program:

Thursday, 28th April 2016

Arrival, registration, accomodation.

Every group will get a „Welcome package“ with Trainingmap, Start bib, Payment receipt, maps and other useful information.

All who ordered a package will be taken from the airport and brought to the hotel

All others will get their package to their hotel, if they give their adress or can take it at Hotel Idea

15:00 – 16:00 Training possibilities in Tirana park

Terrain: city park with forest, Map scale: 1:5000, 5m equidistance

Form: free order of controls, paper flags

Friday, 29th April 2016

Location:

Dajti mountain, Linze, about 6km north east of Tirana center

See: website (under construction): <http://dajtiekspres.com/new/index.php/en/>

<https://www.facebook.com/Dajtiekspresofficial/>

Ticket for cable car included in the entryfee. You will get it either in your welcomebag or at the ticket office.

Time for cablecar: 15 Minutes.

13:00 Meeting point up in front of Dajti mountain cable car station/hotel Dajti

14:00 Middle distance first start

Way to the start:

Course	Length in km	meters climbing	controls
A Beginners	2,19	10	10
B M65, M75+	2,28	40	10
C W40, W50, W55	3,25	80	11
D M55	3,57	120	13
E M35, M40, M45, M50	3,68	135	14

Terrain: Mostly open forest with detailed relief, partly open/semi open, some dense vegetation.

There are a lot of bunkers, often surrounded by deep trenches, may be hidden by

vegetation. So mind your steps and look where you are going!

Be careful near military terrain – forbidden access, fences are sometimes not clearly visible. Keep distance to all buildings, installations in this area.

Saturday 30th April 2016

10:00 Meeting point at Cap Rodon/Kepi Rodonit, inside Fransiscan property at the beach

11:00 Long distance first start

There are 2 starts:

Start 1 for courses C, D, E:

At low tide along the sea (probably, but not sure) 1,5km

Otherwise 2,5km (we will think about transport, of wanted)

Start 2 near finish area

Terrain:

Kepi Rodonit consists mostly of sandy underground and is very fragile, so please use only shoes with Dobb spikes or without.

There are some parts where the borders of the land are breaking off, so please take care where you are going and don't approach too near to the parts marked black on the map.

All the way to the „landsend“ there are paths, sometimes hidden under vegetation. Make your route choices carefully!

Course	Length in km	meters climbing	controls
A Beginners	2,39	100	9
B M65, M75+	3,01	100	10
C W40, W50, W55	4,96	160	12
D M55	5,05	180	12
E M35, M40, M45, M50	7,19	280	17

Sunday 1st May 2016

Parking at qytet studenti entrance from Rruga Elbasan, marked route to the start with warm up map about 600m

9:30 Meeting at Osman Myderizi school, Rruga Drago Siliqi, Qytet Studenti (we will provide transport for you cloths/luggage to the finish)

10:00 Sprint in Tirana first start

12:00 Prize giving ceremony (or after end of race, if it is earlier) at the finish area, Qytet studenti, Rruga Arben Broci

Course	Length in km	meters climbing	controls
A M35, M40, M45, M50	3,24	40	15
B M55	2,85	35	13
C W40, W50, W55	2,18	20	9
D M65, M75+	2,06	40	11
E Beginners	1,23	25	8

Packages:

To make your preparations as easy as possible, we offer you complete packages including start fees, transfers, accomodation, meals and trips to see more of Albania
Basic Packages for accomodation in Tirana:

The price includes:

- Start fee
- Transport from Airport to your accomodation and back, as well as to the competition areas
- 2 nights in hotels of the chosen category
- breakfast

category	price of package	supplement single room
4 star hotel	200€ p.P.	€ 80,00
simple hotel	150€ p.P.	€ 40,00
hostel	120€ p.P.	

Other Packages on demand.

Information:

website: <http://orienteering-al.com>

Mail: info@orienteering-al.com

Thank you for contributing to the Albanian orienteering project with your participation!

Welcome in Albania!